



# LENTEN CALENDAR 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>22<sup>nd</sup> Feb</b> Share a smile with the elderly.	<b>23<sup>rd</sup> Feb</b> Do a good deed to a stranger.	<b>24<sup>th</sup> Feb</b> Appreciate your family members.	<b>18<sup>th</sup> Feb</b> Ash Wednesday	<b>19<sup>th</sup> Feb</b> Decide what to give up for lent.	<b>20<sup>th</sup> Feb</b> Help someone today.	<b>21<sup>st</sup> Feb</b> Start your day with a family prayer.
<b>1<sup>st</sup> March</b> Bake a treat to share with someone.	<b>2<sup>nd</sup> March</b> Pray for those in need.	<b>3<sup>rd</sup> March</b> Visit an orphanage/ old age home.	<b>4<sup>th</sup> March</b> Sing church worship songs.	<b>5<sup>th</sup> March</b> Donate toys or clothes.	<b>6<sup>th</sup> March</b> Share a smile with the elderly.	<b>7<sup>th</sup> March</b> Plant a tree or a sapling.
<b>8<sup>th</sup> March</b> Forgive someone who hurt you.	<b>9<sup>th</sup> March</b> Cook a meal to share with someone.	<b>10<sup>th</sup> March</b> Dedicate typical meal times to prayer.	<b>11<sup>th</sup> March</b> Spend time in silence to connect with God.	<b>12<sup>th</sup> March</b> Take a break from social media.	<b>13<sup>th</sup> March</b> Ask someone to join you for a meal.	<b>14<sup>th</sup> March</b> Read, meditate, and pray.
<b>15<sup>th</sup> March</b> Volunteer at a non-profit organisation.	<b>16<sup>th</sup> March</b> Talk to someone of a different faith.	<b>17<sup>th</sup> March</b> Pray the Lord's Prayer meaningfully.	<b>18<sup>th</sup> March</b> Exercise. Prioritise your health.	<b>19<sup>th</sup> March</b> Visit a friend or family member.	<b>20<sup>th</sup> March</b> Read a Bible Scripture.	<b>21<sup>st</sup> March</b> Fast from a non-essential luxury.
<b>22<sup>nd</sup> March</b> Declutter a space in your home.	<b>23<sup>rd</sup> March</b> Reach out to someone you've lost touch with.	<b>24<sup>th</sup> March</b> Attend a special Lenten service.	<b>25<sup>th</sup> March</b> Engage in any creative activity.	<b>26<sup>th</sup> March</b> Do something you haven't done before.	<b>27<sup>th</sup> March</b> Offer assistance with a task or chore.	<b>28<sup>th</sup> March</b> Surprise someone with a small gift.
<b>29<sup>th</sup> March</b> Spend time outdoors.	<b>30<sup>th</sup> March</b> Create a gratitude journal.	<b>31<sup>st</sup> March</b> Pray for peace, unity and harmony.	<b>1<sup>st</sup> April</b> Take a nature walk in silence.	<b>2<sup>nd</sup> April</b>  Maundy Thursday	<b>3<sup>rd</sup> April</b>  Good Friday	<b>4<sup>th</sup> April</b>  Holy Saturday